

Babysitter Safety Course

Ages 11 – 16 years old

This entry level course is intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. This course focuses on safety with an emphasis on prevention. Other topics include handwashing, diapering, bottle feeding, personal safety, interview skills and COVID-19 related topics. Basic first aid, including adult and child CPR (requires passing written and skills testing to receive the 2-year certification), will be covered. Each participant will receive a booklet, handouts and Babysitter Safety Certificate. Participants must wear a face mask and bring a pen, bag lunch, snack and water bottle. Due to the prevalence of allergies, this is a nut-free program. Participants will be provided gloves to use during the program. The classroom will be arranged to allow for proper social distancing. Due to COVID-19, several new policies are required of all participants and their families. Please see page 2 for details. **Limit: 10.**

Date: Monday, December 28, 2020

Fee: \$75.00 Residents

Time: 9:00 AM – 2:00 PM

Activity Number: 3604.0103.201

Location: Angelo Lamagna Activity Center, 19 North Main Street

- Online Registration Begins -

Residents: Tuesday, December 1 at 8:00 AM

If you wish you register in person, please call the office at 860.253.6420 to set up an appointment, M-F, 8AM - 4PM.



Enfield Recreation | 19 North Main Street
860.253.6420 | www.enfield-ct.gov/recreation



PROGRAM POLICIES RELATED TO COVID-19

- **If the participant or anyone in their household does not feel well for any reason, please do not attend the program.**
- Please notify us if you or someone in your household tests positive for COVID-19 on the day of the program or in the 14 days immediately following the program.
- Please do not arrive more than 10 minutes before to the start of the program.
- Masks **MUST** be worn by participants at all times during the program, except when eating, drinking or demonstrating skills, as needed.
- Sign in and out will be held inside the lobby of the ALAC. Parents/guardians and participants must wear a mask during sign in and out. Sign in and out will be contactless and conducted verbally.
- Only one parent/guardian will be allowed to accompany each participant for sign in and out. When signing in and out, please maintain a social distance of at least 6 feet between yourself and others.
- Upon arrival, a visual and verbal health screening will be conducted by program staff.
- Hand sanitizer and restrooms will be available for participants to use during the program. Hands must be sanitized/washed after signing in, before and after eating snack and lunch and as needed.
- Peer-to-peer and instructor-to-peer contact will not be allowed at any time during the program.
- Rescue breaths will be taught but mouths will never be placed on the manikins.
- Equipment will not be shared to the best extent possible. Used equipment and materials will be sanitized before and after the program and during the program as needed.
- Personal items, such as food, pens and water bottles, will not be shared during the program.
- Participants must follow all staff directions to keep socially distanced throughout the program.
- Participants should bring all of their belongings with them when they leave - any items left behind will be discarded.
- **Policies are subject to change based on new local, state or federal regulations. We will communicate any changes via email.**