Town of Enfield Youth Services

Doing Our Part: Improving the Safety of our Community

Look at what we've achieved

- ✓ Reduced Juvenile Crime from 354 arrests in 2005 to 207 in 2008
- ✓ In 2008, youth counselors provided oversight to 207 juveniles arrested by the Enfield Police Department through the Juvenile Review Board.
- ✓ In 2009, diverted 68 youth from entering the Juvenile Court System with a success rate of 94%
- ✓ Deceased alcohol past 30 day use in youth from 39% in 2005 to 31% in 2009
- ✓ Alcohol establishment compliance check failure rate went from 63% failure rate in 2003 to 11% failure rate in 2009

What We Look Like

- 66% of youth an educational goal of attending college
- 55% of youth are minority
- 57% of youth are A and B students
- 78% of youth have not engaged in risky behaviors
- 65% of youth are male between the ages of 12 and 16
- 98% of youth report the staff help them make better decisions
- In 2009, served a total of 471 youth

How Did We Get There?

- Since 2005, funded $40,346 of police overtime: $17,671 in police enforcement and $22,657 in youth/police programs
- Youth Counselors provided more targeted diversion and restorative programs for youth entering the juvenile justice programs
- Since 2003, funded $224,680 in community and educational programs for youth and their parents
- Implemented Strategic Prevention Framework with more environmental strategies and evidenced based programs

What Is Left For The Future?

- ★The importance of early identification and intervention of youth at risk (including greater awareness of health and healthy behaviors among parents and youth) to reduce costs (public and societal) of dropouts, bullying, truancy, educational remediation, juvenile crime, and alcohol/drug use; taking the time to use the data that we have
- ★The importance of supporting positive youth development for future success and preparation for the workforce and the importance of keeping young people in school
- ★Leverage financial support to invest in the future of Enfield Youth

Visit our website our upcoming programs and initiatives www.enfield-ct.org

TOWN OF ENFIELD

ENFIELD ADULT DAY CENTER
Presentation to the Town Council
Presented by Paula Vaicekauskas RN, BSN, Director
March 24, 2010

Adult Day Health Centers offer a solution for families to keep older adults in their own homes, by offering services in the community. Adult day services keep older adults healthier and socially active and prevent nursing home placement for many years. In many cases institutional care is avoided entirely. Our program allows adult children to be able to work without worrying as much about who is caring for their loved ones.

- Out of 49 clients 38 live with family, (child or spouse), or with a hired caregiver, the remainder live alone.
- 29 out of 49 live in Enfield, the remainder are from Somers, Suffield, East Windsor, Broadbrook
- We have 17 clients that utilize our dial-a-ride for a total of 4267 round trips

The Adult day center is self supporting and does not use any general funds.

- FY 06-07 there were 78 clients and 6768 days of attendance
- FY 07-08 there were 77 clients and 6458 days of attendance
- FY 08-09 there were 74 clients and 6404 days of attendance
- FY 09-10 we have served 63 clients for a total of 3822 days of attendance

Reasons for the decrease are:

- Poor economy
- Loss in family income due to unemployment and therefore the inability to pay for the day center fees.
- Decrease in amount of state funded programs to cover the cost of attendance

With the above occurrences we have reduced our aide staff by 1, effective June 30, 2010.
We will be presenting to you a grant funded by NCAAA to cover the salary of an aide effective October, 2010.

The ADC has several fundraisers throughout the year:

- Wreath, craft sale at the holidays
- Plant, craft sale for Mother's Day
- 2 auctions
- 2 "Books are fun" sales (new books at reduced prices)
- We raised $3624.86 in FY 08-09
- We currently have 54 volunteers that contribute over 6000 hours of time

Our extensive outreach program includes:

- New brochures
- Press releases
- Letters to MDs, medical facilities and churches
- Health fairs

I thank-you for your continued interest and support in our adult day center.

NEIGHBORHOOD SERVICES

- Full-time staff consists of a caseworker and a secretary. Funds budgeted for minimal part-time staff to assist with program intakes and staff coverage.

- VALUABLE SERVICES OFFERED TO ENFIELD RESIDENTS

  - Primary intake site for programs that assist Enfield residents in need such as Homeowner's Tax Relief, Veteran's Tax Relief, Renter's Rebate, State Energy Assistance, Operation Fuel, Connecticut Water H20 & Salvation Army.
  - Primary referral point for local Fire, EMS, Police, hospitals and residents who have concerns about an Enfield resident's well being.
  - One of the first points of contact for residents seeking information on a variety of information including homelessness, job loss, foreclosure and basic needs.
  - Helps Enfield's seniors with difficult and confusing programs such as ConnPACE, Medicare .
  - Coordinates relocation services to victims of disaster and to tenants who are displaced due to Municipal code enforcement activities.
  - We offer outreach, referral and information services to ANY resident in need regardless of income.

- DATA

  - Energy Assistance
    - 1500 applications for State assistance in 2008, rose to 1832 applications in 2009 (22% increase)
    - 194 Applications for Operation Fuel (2009)
  - Homeowners, Veterans, Tax Relief and Renters Rebate Programs 2008-2009
    - 816 Homeowners Applications
    - 445 Veterans Applications
    - 362 Renters Rebate Applications
  - Relocated 11 individuals due to Municipal Code Enforcement or disaster (2009)
    involves temporary housing, case management, housing search assistance, advocacy and referral
  - Responded to 28 Referrals from EMS, Police, hospitals, concerned residents and others regarding issues ranging from elder abuse to mental health (2009)
    involves case management, home visits, advocacy, information/referral and consult with State DSS when necessary
  - Distributed 186 backpacks to children in need (2009)
  - Annually distributes approximately 400 Farmer's Market Vouchers

- Based on current data, economic trends and an aging population we anticipate a growing demand for services.

Enfield Senior Center
Metrics

Residents Served

10,442 Residents of Enfield, one quarter of the population, are over 55 years old.
5,577 Households on the mailing list for the Enfield Senior Center newsletter, Front & Center
228 Participants who signed up for mail list to receive e-mail of weekly press release and newsletter
298 Active volunteers
6758 Volunteer hours
3942 Unduplicated Enfield residents served in the Senior Center
332 Programs for July 2009 – January 2010
605 Programs for July 2008 – June 2009
43,961 Visitations from July 2009- January 2010
76,887 Visitations from July 2008 – June 2009

Outcomes

71.5% of seniors report they have more social outlets and friends since coming to the Senior Center
84% of seniors report that since coming to the senior center they know more about services and resources
50.4% of senior report they feel healthier since coming to the Senior Center
84.8% of seniors report they have learned new things since coming to the Senior Center

Revenue

$116,651.12 Total deposits made to March 19, 2010
$87,209.09 Total deposits made to March 13, 2009
$98,004.29 Total deposits made to March 14, 2008

Enfield Senior Center

Accomplishments
July 2009 – June 2010

Successfully implemented new monthly newsletter beginning in April 2009.

- Continued to improve the process and now have **5,577** Enfield households, 50 years and older, on the mailing list.
- Important outreach tool.
- Designed and published at no cost to the Town on Enfield. Cost of mailing to 5,577 households monthly is the same as printing a newsletter, published four times a year, that was picked up at the Senior Center by 1,000 participants.

Restructured PRIME Fitness Center.

- Adjusted pricing to make it more advantageous to purchase a longer membership.
- Hired two part-time Fitness Assistants after the resignation of full-time Health and Fitness Coordinator to provide more coverage and cost savings.
- Added new equipment through grant funds and fundraising.
- Revenue from July 09 – March 19 from Fitness Center - **$25,752**, Total revenue for Fitness Center FY 08-09 - $26,990

Convened a Board Retreat for those serving older adults in the Town of Enfield to facilitate dialogue to avoid duplication of programs facilitated by the former director of the State of Connecticut Elderly Service Division.

Led successful campaign to prevent cuts to services in the 2009-10 fiscal year raising $11,000 through contributions.

Significant increase in attendance.

43,961 Visitations from July 2009- January 2010
37,638 Visitations from July 2008 – January 2009
36,828 Visitations from July 2007 – January 2008

The Town of Enfield Child Development Center has been in existence for over 35 years. We have proudly held our NAEYC Accreditation since 1999. NAEYC is the National Association for the Education of Young Children. Out of the 18 licensed child care programs in the Town of Enfield, only 3 are NAEYC accredited, with our 2 sites being a part of that 3.

We presently serve:

- 5 DCF children
- 77 over income children at rates of $200 for Infant/Toddler, $165 for preschool and $90 for school age, increasing $5.00 per child 7/1.
- The cost for a family of an infant or toddler is $10,660 per year.
- We have 149 children receiving subsidies from Care 4 Kids or our sliding fee scale. An average family on our sliding fee scale is a family of 4 making between $23,715 - $26,680 paying the Center $54.00 a week. The Center is reimbursed an additional $147.40 per week for that slot.
- 231 children are currently being served.
- We presently have 164 Enfield families enrolled.
- For fiscal year 2008-2009 we served 295 children

We receive:

- $683,846 from the Department of Social Services grant for our 121 slots
- $107,000 from the State Department of Education for our 15 School Readiness Slots
- $64,000 from the State Department of Education for the Child and Adult Care Food Program. We served 91,081 meals for fiscal year 2008-2009 including breakfast, lunch and snack. 40% of our children receive free or reduced meals.

Evidence has mounted that NAEYC accredited programs have helped young children, especially disadvantaged children, become better prepared to enter and succeed in school.

- As adolescents and adults, the children who experienced high quality, comprehensive early education when they were 3 and 4 years old were more likely to be on a positive life course than a negative one; such as they were more likely to have finished high school, avoided teen pregnancy and juvenile delinquency, and to be employed.

- Leading economists have quantified these benefits to society as a whole – for every $1 invested in quality preschool programs, benefits can range from $1.26 to as much as $17.40 with an estimated return on investment of 12%.

- Children in early care and education programs that meet quality standards such as the NAEYC standards have more developed language skills and other indicators of school readiness and fewer behavior problems than children in lower quality programs.

- We have an active Family Involvement Group which has helped set up successful fundraisers such as our annual Talent Show and Silent Auction, Family Fun Nights with food and entertainment, various food fundraisers, and our 1st Tag Sale which will be held this summer.

- Administrative Staff are members of KITE – Key Initiatives to Early Childhood Education and work closely with the public school personnel to ensure that our children are ready and prepared for kindergarten.

Our Staff and Families participate in Community Involvement in the following ways:

- Donate to the Food Shelf with an average of 1000 lbs of food per year and now we are collecting books for the Food Shelf

- Donated numerous items to the Toys for Joy – and in past years have donated toys to needy families in the community

- Support our local veterans by providing care packages and cards

- Contributed to the Haiti relief fund

- Actively participate in the Legislative Advocacy Hearings to maintain funding for quality early Childhood Education.

- Collected crayons for Cancer

- Participate in intergenerational activities with the Adult Day Center and Mark Twain

- Donated to the Humane Society

- Donated to the Forest Park Zoo

- Donated back-to-school supplies for Neighborhood Services

- Donated items to the Domestic Violence Shelter

- Donated items to the Allied Rehab facility

- Participated in the walk for Junior Diabetes

- Hosted fingerprinting event for children

As one parent so passionately stated, "The Enfield Child Development Center is the kind of Center every child deserves."

Current	
16 DSS Toddlers	$117,920

*Reimbursement rate for preschool DSS children is higher therefore the # of children can be reduced

Proposed	
10 DSS Preschoolers	$117,920
Over income preschoolers @ $170 wk beginning 9/1	$66,233
Increased revenue of	**$66,233**

Teacher Salaries	$437,564		Teacher Salaries	$403,514
FT Aide Salaries	$275,875		Ft Aide Salaries	$254,671
PT Aide Salaries	$105,121		PT Salaries	$93,902
Benefits	$621,014		Benefits	$587,838
Total	$1,439,574		Total	$1,339,925

Decrease of Salaries & Benefits	**$99,649**
Infant Food Savings	**$2,000**
Proposed Savings	**$167,883**

Explanation of proposal:

Reduce one full time teacher with benefits
$34,050 + taxes & benefits $18,676 = $52,726

Eliminate vacant FT Aide position
$21,204 + taxes & benefits $14,500 = $35,704

Eliminate 1 pt aide
$11,219

Elimination of 16 toddler and infant slots and expand preschool program by 20 slots at High Street location

Justifications:

Infant/Toddler requires a 1:4 ratio as opposed to preschool which requires a 1:10 ratio

Infant formula and food costs $2000 per year, and this cost would be eliminated because these children will be on our regular food program

GENERAL FUND CONTRIBUTION is $211,781 reduction of $167,883

Family Resource Centers (FRCs) are based on a model out of Yale University and implement a research-based program that increases parent involvement in children's education beginning at birth and strengthens the family-school-community connection.

FRC consists of a full time Coordinator, Parent Educator and a part time secretary.

Last year, 377 clients were enrolled in the FRC.

Parents as Teachers program gets parents involved from birth through the first five years of life, which is when the most crucial brain development occurs.

- Learning through Play groups- **71 children** attend weekly
- Developmental Screenings for delays- **13 children** last FY, **23 YTD. 5** children have been referred to and received special education services.
- Parent Education Personal visits- **127 visits** were provided last FY; **124 YTD**

Support network to strengthen families and meets the changing needs of Enfield families.

- Grandparents Raising Grandchildren- enrollment has grown from **11 grandparents and 13 grandchildren** in 2007 to **22 grandparents and 21 grandchildren.**
- **52 clients** enrolled in the Single Parent and Autism Support Group
- **293 referrals made** for other services.

Data Collection to show short term and long term outcomes.

- Yale University Study shows FRCs are effective
- Results Based Accountability
- Individual surveys:

** 90% of parents surveyed agreed that play groups provided information that will improve their parenting*

**According to a survey of parenting practices, 100 % of parents who participated in the Parents as Teachers program reported growth in 11 out of 12 parenting indicators.*

Numbers served at the FRC

Last year, the FRC had **377 enrolled clients**. 218 were adults and 158 children.
Of these, 22 grandparents and 21 grandchildren were served in the Grandparent Support Group.
13 parents and 22 children were served in the Single Parent Support Group.
17 parents were served in the Autism Support Group.

The FRC provided **127 home visits** to 33 children.
13 children were screened and 2 children were referred for developmental delays.

293 referrals were made for other services.

156 hours of community service were provided by FRC interns.