



**MINUTES  
TOWN COUNCIL  
SPECIAL MEETING  
October 16, 2023  
5:45 PM - Scitico Room**

**1. Roll Call**

Mayor Cressotti called the meeting to order at 5:45 pm.

Present: Gina Cekala, Robert Cressotti, Douglas Finger (remotely), Michael Ludwick, Cynthia Mangini, Ken Nelson Jr., Marie Pyznar, John Santanella, Lori Unghire

Absent: Matthew Despard, Nick Hopkins

Also Present were Town Manager, Ellen Zoppo-Sassu; Assistant Town Manager, Steve Bielenda; Town Attorney, James Tallberg; Director of Social Services, Cindy Guerreri; and Town Clerk, Sheila Bailey.

**2. Town Council Focus Group - Mental Health and Wellness Coalition**

Director of Social Services Cynthia Guerreri introduced Kate Bailey and James Corbett of Initium Health. Initium Health, working alongside the Town of Enfield, is conducting interviews and focus groups with community members, Town leadership, and service providers to identify the mental health issues and needs within the community. The goal is to create a coalition among all the service providers, caregivers, non-profit organizations as well as social services to enable them to work more effectively together for the benefit of those who need assistance.

Mr. Corbett stated that loneliness, homelessness, depression, and anxiety are at epidemic levels. Only 25% of people who need help actually seek help. The coalition will work to identify and prioritize issues and needs and will determine how the coalition can work with existing initiatives within the community.

**3. Review of Board of Education Administrative Contract**

- Tabled

**4. Adjournment**

**MOTION #6739** by: Ken Nelson Jr., seconded: Cynthia Mangini to adjourn.

Upon a **SHOW-OF-HANDS** vote being taken, the Chair declared **MOTION #6739** adopted unanimously, and the meeting stood adjourned at 6:21 pm.

Respectfully submitted,

Sheila M. Bailey, Town Clerk  
Clerk of the Council