

**Enfield Senior Center**  
**299 Elm Street, Enfield, CT 06082**  
**860-763-7425**

**News Release for the Week of April 15, 2019**

Occupational Therapy provided by Bay Path will not be in session on April 16, the program will resume April 23.

The Enfield Senior Center Advisory Board is looking for new members. The organization meets the first Tuesday of every month with exception of July and August. Please call the Senior Center at 860-763-7425 to express interest or obtain more information.

Diabetes Support Group will meet Thursday April 25, 1:00 pm – 2:00 pm please contact Michelle at 860-253-4173 or michelle.mattia@wakefern.com to register.

The Enfield CARES Registry is a completely voluntary program that helps Enfield residents learn more about town programs and services and makes town staff aware of any special medical needs or conditions residents have in case of emergency. The information in the registry is kept confidential unless you give us permission to share it with Enfield's Emergency Responders.

The Registry is a helpful tool that allows us to better serve you and keeps you connected to services. Please call Social Services or The Senior Center to obtain information on how to register for this program.

**REGISTRATION:**

The first day to sign up for our May and June classes is around the corner. For Enfield residents registration will be on **Tuesday, April 16, starting at 8:30 am**. For Non-Enfield residents registration will begin on **Tuesday, April 23, starting at 8:30 am**.

**SEMINARS:**

**Balance Screening – Wednesday, April 17, 1:00 pm.** Join Touchpoints Rehab at Chestnut and assess your weakness and strengths in regard to balance.

**Cooking Demonstration, April 24, 1:00 pm.** Please join touchpoints as they speak about cooking for one or two.

**MARK YOUR CALENDARS:**

**Paul Bisaccia – Sunday, April 28<sup>th</sup>, 2:00 pm.** The Enfield Arts Cultural Arts Commission presents a concert of Ragtime featuring the King of Ragtime. Cost \$5, dessert included. Tickets on sale at The Senior Center.

An Active Aggressor Seminar sponsored by TRIAD and the Enfield Police will take place on **Monday April 22nd from 6 to 7:30 at the Enfield Central Library, 104 Middle Rd**. This Seminar will aim to enhance preparedness through a "whole community" approach by **providing products, tools, and resources** to help you prepare for and respond to an active aggressor incident.

**TRIPS:**

Trip flyers are available on our website at [www.enfield-ct.gov/seniors](http://www.enfield-ct.gov/seniors) or can be picked up at the Senior Center.

### Day Trips:

*\*Day trips are available for sale on or after the trip sign-up date.*

- **Westchester Dinner Theater- Newsies** – Thursday, May 23<sup>rd</sup>, 2019. Cost \$118 per person. The sign-up date for this trip is March 29<sup>th</sup> @ 10 am in the dining room.
- **A Taste of Italian New York** – Tuesday, May 7<sup>th</sup>, 2019. Cost \$103 per person.
- **Newport by Land and Sea** – Thursday June 13<sup>th</sup>, 2019. Cost \$86 per person.
- **Kennebunkport** – Tuesday July 16<sup>th</sup>, 2019. Cost \$110 per person. Trip sign up is May 17<sup>th</sup> @ 10 am in the dining room.
- **Aqua Turf – Kenny and Dolly Tribute Show** – Monday, August 12<sup>th</sup>, 2019. Cost \$102 per person. Trip sign up date is June 14<sup>th</sup>, @ 10 am in the dining room.
- **Saratoga Raceway** – Wednesday August 24<sup>th</sup>, 2019. Trip cost is \$87 per person. Trip sign up is June 28<sup>th</sup> @ 10 am in the dining room.
- **One World Observatory and 9/11 Memorial Museum** – Thursday September 19<sup>th</sup>, 2019. Cost: \$117.
- **Covered Bridges of New Hampshire- Fitzwilliam Inn** – Tuesday October 15<sup>th</sup>, 2019. Trip cost is \$102 per person. Trip sign up date is August 16<sup>th</sup> @ 10 am in the dining room.

### Multi-Day Adventures:

*Reservations are being accepted for multi-day adventures.*

- **Bermuda** – May 5<sup>th</sup> – 12<sup>th</sup>, 2019. Pricing starts at \$1,249.00 per person.
- **Gettysburg** – June 24<sup>th</sup>- 26<sup>th</sup>, 2019. Trip cost is \$506 per person, dbl.
- **Montreal and Canada** – July 12<sup>th</sup>- 20<sup>th</sup>, 2019. Pricing starts at \$1,829 per person.
- **Mackinac Island** – September 24<sup>th</sup> – October 1<sup>st</sup>, 2019. Pricing starts at \$1,536.00 per person.
- **Rhine Getaway – Viking River Cruise** – October 9<sup>th</sup> – 17<sup>th</sup>, 2019. Pricing starts at \$2,999 per person.
- **New York To Panama Canal Cruise** – November 9<sup>th</sup> – 24<sup>th</sup>, 2019. Pricing starts at \$1,999 per person.

Information regarding The Enfield Senior Center can be found on our website: [www.enfield-ct.gov/seniors](http://www.enfield-ct.gov/seniors).

**Don't forget to like us on Facebook!**