

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation
\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 763-7519

Senior Citizens Join us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging

Mark Twain Congregate Living October 2019 Menu



October 5

Tomato Garden
Vegetable Soup
Chicken Salad on a Deli Roll
Leaf Lettuce
Potato Wedges
Tricolor Coleslaw
Whole Wheat Crackers
Fruit Cocktail

October 6

Cranapple Juice
Barbecue Beef Brisket
Orzo Salad
Pea & Carrots
Marble Rye Bread
Pineapple Upside
Down Cake

October 19

Grande Cheese Ravioli with
Meat Sauce
Garden Salad with
Balsamic Dressing
Green Beans
Garlic Bread
Sliced Pears

October 20

Cranberry Juice
Roast Turkey with Gravy
Sweet Potatoes
Broccoli Medley
Whole Wheat Bread
Lemon Lush

October 12

Turkey Club Sandwich
with Lettuce & Tomato
Pineapple Coleslaw
Multigrain Chips
Sliced Peaches

October 13

Chicken Vegetable Soup
Stuffed Peppers with
Tomato Sauce
Egg Noodles
Mixed Vegetables
Rye Bread
Sherbet

October 26

Salisbury Steak with
Mushroom Gravy
Baked Potato
Sliced Carrots
Whole Wheat Bread
Pineapple Tidbits with
Oatmeal Cookie

October 27

Orange Juice
Scrambled Eggs
Cinnamon Raisin
French Toast with Syrup
Bacon & Sausage
Fruited Muffins
Fruit Cups

October 14

Barbecue Chicken Breast
Vegetable Pasta
Corn on the Cob
Whole Wheat Bread
Chocolate Mint Brownie

**All meals are served with 8 ounces of milk and 1 tsp. margarine*