

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation
\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 763-7519

Senior Citizens Join us!

Sponsored by:
Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging

Mark Twain Congregate Living November 2019 Menu



November 2

Corn Chowder
 Breaded Fish Sandwich
 on a Deli Roll
 Tarter Sauce
 Tri Color Coleslaw
 Oyster Crackers
 Sliced Peaches

November 3

Cranorange Juice
 Roast Turkey w/Gravy
 Mashed Potatoes
 Baked Acorn Squash Rings
 12 Grain Bread
 Carrot Cake

November 23

Chicken Barley
 Vegetable Soup
 Meatball Grinder w/Cheese
 3 Meatball Marinara Sauce
 Garden Salad w/Dressing
 Grinder Roll
 Wheat Crackers
 Fresh Fruit

November 24

Pineapple Orange Juice
 Sweet & Spicy Chicken
 Rice Pilaf
 Peas & Carrots
 Whole Wheat Bread
 Apple Cherry Crisp

November 9

Farmer Brown Soup
 Macaroni & Cheese
 Zucchini & Tomatoes
 Whole Wheat Bread
 Fruit Cocktail

November 10

Orange Juice
 Yankee Pot Roast w/Gravy
 Baked Potato
 Prince Edward Vegetables
 Dinner Roll
 Pumpkin Bars

**November 26
Thanksgiving Day**

Fruit Cup with Sherbet
 Roast Turkey with
 Herb Stuffing
 Baked Sweet Potato
 Peas & Creamed Onions
 Dinner Roll
 Pumpkin Pie with Topping

November 27

Tomato Garden Vegetable
 Turkey Wrap
 Potato Wedges
 Vegetable Slaw
 Whole Wheat Crackers
 Sherbet

**November 11
Veterans Day**

Garden Salad w/Dressing
 Sliced Ham w/Applesauce
 Mashed Potato & Peas
 Whole Wheat Bread
 Apple Crisp

November 28

Apple Juice
 Roast Pork Loin w/Broth
 Sweet Potato
 Broccoli Medley
 Pumpnickel Bread
 Gingerbread with Topping

November 29

Orange Juice
 Scrambled Eggs
 French Toast Casserole with
 Syrup
 Bacon/Sausage
 Fruited Muffin
 Fruit Cup
 Bananas & Berries

November 16

Vegetable Orzo Soup
 Chicken Penne w/Broccoli
 Mixed Vegetables
 Whole Wheat Bread
 Sliced Pears with
 Fresh Blueberries

November 17

Apple Juice
 Barbecue Country Style Pork
 Ribs
 Macaroni Salad
 Vegetable Medley
 Marble Rye Bread
 Chocolate Éclair Dessert

**All meals are served with 8 ounces of milk and 1 tsp. margarine*