

Family Resource Center newsletter

May 2020

CREATING A PARTNERSHIP BETWEEN THE SCHOOL, FAMILY AND COMMUNITY.



Town of Enfield
Department of Social Services
Enfield Family Resource Centers
Henry Barnard School
27 Shaker Road
Enfield, CT 06082
860-253-5144

Stowe Early Learning Center
117 Post Office Road
Enfield, CT 06082
860-253-6580

Heather Benyak, FRC Social Worker
860-253-5214

*Staff is checking voicemails regularly.
Please leave a message and we will
return your call as soon as possible.

www.enfield-ct.gov/frc

INDIVIDUAL SUPPORT FOR FAMILIES

If you are looking for some individual support during this challenging time, we are available! Our Social Worker, Heather Benyak can assist if additional supports or resources are needed. Also, our Parent Educators can meet with you virtually at your convenience to discuss any specific needs your family has, offer the Ages and Stages Developmental Screening, and provide resources and activities to support your child's development. Please call or email Ms. Erin or Ms. Lisa for more information or to set up a time to meet.

Thank You to Our Business Sponsors!

LEGO® Community Fund U.S.
&
U.S.A. Hauling & Recycling

English:

Interpretation services now available for families in many languages

Spanish:

Los servicios de interpretación ahora están disponibles en muchos idiomas para las familias.

Arabic:

خدمات الترجمة الشفوية متوفرة الآن للأسر، في العديد من اللغات



We are on Facebook! Like "Enfield Family Resource Center" for more information, articles and events!



SUPPORT GROUPS

GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

Monday, May 4, 11 & 18
5:30pm–Virtual Meeting

To Register:

Email Heather Benyak: hbenyak@enfield.org

Are you a grandparent raising grandchildren or other relative children? This group offers a chance to learn about the resources available while gaining strength from each other.

PARENT SUPPORT GROUP

Monday May 4, 11 & 18
7:00pm–Virtual Meeting OR
Wednesday May 6, 13, 20 & 27
1:00pm–Virtual Meeting

To Register:

Email Heather Benyak: hbenyak@enfield.org

The Parent Support group is an informal group where parents/caregivers can come together to help provide comfort, and support to one another during these uncertain, and trying times. The group provides additional supports and resources to those in need, and a sense of togetherness for all.

VIRTUAL BIRTH-5 PLAYGROUPS

Join us for songs, stories, and an activity idea for the day!

Virtual Playgroups lead by Ms. Lisa

Mondays
11:00am

Wednesdays
9:30am OR 11:00am

To join one of the virtual playgroups listed above please email Lisa Carriere at lcarriere@enfield.org



Virtual Playgroups led by Ms. Erin & Ms. Lisa

Tuesdays
9:30am OR 11:00am

Thursdays
9:30am OR 11:00am



Virtual Playgroup led by Ms. Erin

Wednesdays
9:30am

To join one of the virtual playgroups listed above please email Erin Grimes at egrimes@enfield.org



LIGHTS, CAMERA...ACTION!

To make our events as interactive as possible, we invite you to share photos or videos either on The Enfield Family Resource Center Facebook page or you can email them to Ms. Lisa or Ms. Erin!

MAY BIRTH-5 EVENTS

BIKES & TRIKES

Friday, May 1st
Anytime during the day
At your own homes!



Start those engines and get your motor pedaling! We encourage you to get outside and have fun on your bikes & trikes! With the help of a grown up you can make an obstacle course, have a bike washing station or even get super creative and make a drive-thru snack station!

FARM TOURS

Friday, May 8th
Video will be posted by 10am



Log on for a fun and educational tour led by Ms. Lisa of Collins Farm and Smyth's Trinity Farm both located right here in Enfield! You will get to see the cows and see where milk comes from and also hear what both farms have to offer our community!

BUILD AWAY DAY

Friday, May 15th
Anytime during the day
At your own homes!



Find time during the day to get creative building with different items around your house. LEGO's, blocks, empty boxes or even build a fort!! Grown ups can help, and then build together creating fun lasting memories!

CHALK IT UP FUN

Friday, May 22nd
(Weather permitting)
Anytime during the day
In your driveway!



So many fun things you can do using chalk outside! With the help of a grown up you can make a game of hopscotch, trace your body, learn to write your name or just have fun making your favorite pictures! If you don't have chalk at home here is an easy recipe for chalk paint:
2 cups of cornstarch
2 cups of water
Mix and then divide into different bowls to add food coloring for a variety of colors!

MUSIC & MOVEMENT

Friday, May 29th
Video will be posted by 10am



Tune in and get ready to sing and dance with Music Therapist Renee Coro! Be ready to use some of your own musical instruments at home to sing along! If you do not have any instruments you can have a grown up help you make one using recycled material and items in your home!

*Check out feltmagnet.com for ideas!