

TRACK & FIELD CLUB

ENTERING GRADES 6-9



Calling all track and field athletes! Whether this is your first time participating in the sport, or you are looking to further your skills and knowledge of track and field, this program is for you. Join Enfield High School's head track and field coach Chris Mahl this summer to learn the fundamentals of the sport. Instructors will lead warm ups, form practice, workouts and games all geared toward proper skill development of the sport. Participants should wear comfortable clothing and running shoes (*track spikes are optional*) and bring a water bottle. Due to COVID-19, additional policies are required of all participants and their families. Please see page 2 for details. **Limit: 30.**

Please Note: Coach Mahl is working on details for an optional meet in Manchester at the end of the program, COVID-19 dependent. Additional information will be communicated to participants during the program.

Dates: Tuesdays & Thursdays, June 29 - July 29, 2021

Time: 5:30 - 7:00 PM

Fee: \$49.00 Residents / \$61.25 Non-Residents

Activity Number: 3603.0244.401

Location: Enfield Annex Track, 124 North Maple Street



- Registration Begins -

Residents: Friday, May 14 at 8:00 AM

Non-Residents: Friday, May 21 at 8:00 AM

WE'VE MOVED!!

**ENFIELD RECREATION | 124 NORTH MAPLE STREET
860.253.6420 | WWW.ENFIELD-CT.GOV/RECREATION**



PROGRAM POLICIES RELATED TO COVID-19

- **Participants must complete a self-screening before arriving at the program. If you or anyone in your household does not feel well for any reason, please do not attend the program. Please notify us if you or someone in your household tests positive for COVID-19 on the day of the program or in the 14 days immediately following your last day of participation.**
- Participants should not arrive more than 10 minutes before to the start of the program.
- **Participants and parents/guardians will be required to follow all current masking mandates.**
- Upon arrival, a visual health screening will be conducted by program staff.
- Contactless sign in and out will be held at the track. Participants will be required to sanitize their hands at the beginning of the program. Hand sanitizer will be available to use throughout the program as needed.
- Participants must follow all staff directions to keep socially distanced throughout the program.
- No high-fives, first bumps, hugs or huddles will be allowed. Incidental contact may occur during controlled games and drills, but will be limited and monitored by program staff.
- Equipment will not be shared to the best extent possible. Used equipment will be sanitized before and after the program and during the program as needed.
- An email will be sent to registered participants 24-48 hours prior to the start of the program with details, reminders and any updates.

Policies are subject to change based on new local, state or federal regulations.

We will communicate any changes via email.