



# PRESCHOOL MARTIAL ARTS CLINIC

## AGES 4 - 5 YEARS OLD

Has your little one shown an interest in martial arts but not sure if it is for them? If so, our FREE, four day clinic is for you! In conjunction with Integrity Martial Arts of Enfield, participants will explore the world of martial arts. This clinic is designed especially for preschoolers and kindergarteners. Participants will be introduced to the basics of martial arts, as well as character development topics. Participants should wear comfortable clothing and bring a water bottle. One parent/guardian is **REQUIRED** to attend the session with each participant.

This program will be held at Integrity Martial Arts Studio, 585 Hazard Avenue in Enfield. To register, go to Integrity Martial Arts website ([www.integritymartialarts.com](http://www.integritymartialarts.com)) choose the four days and times that work best for you between October 3 - 14, 2022. **Use the promo code "ENFIELDREC" at checkout. Limit 12.**

### REGISTRATION BEGINS:

**Residents:** Friday, September 9 at 8:30 AM

**Non-Residents:** Friday, September 16 at 8:30 AM



ENFIELD RECREATION | 124 NORTH MAPLE STREET  
860.253.6420 | [WWW.ENFIELD-CT.GOV/RECREATION](http://WWW.ENFIELD-CT.GOV/RECREATION)