

Delicious Home Cooked Meals
Saturdays, Sundays, and Holidays

\$3.00 Senior Donation

\$5.00 Guests

Mark Twain Dining Room
110 South Road
Enfield, CT 06082

Reservations are made on the
preceding Wednesday by 2:00 pm
Call 860-749-4816

Senior Citizens Please Join us!

Sponsored by:

Town of Enfield Department of Social Services
Enfield Housing Authority
North Central Area Agency on Aging

Mark Twain Congregate Living Weekend & Holiday Meal Program Menu



October 2022

Saturday Oct 1

Butternut Squash Bisque
Chicken Pot Pie
Peas & Carrots
Whole Wheat Bread
Blueberry Crumb Cake
Mixed Fruit

Sunday Oct 2

Apple Juice
Breaded Fish Sandwich
Potato Wedges
Cole Slaw
Oyster Crackers

Saturday Oct 15

Shepherd's Pie
Garden Salad
Rye Bread
Chocolate Pudding with
Whip Topping
Pineapple & Mandarin
Oranges

Sunday Oct 16

Minestrone Soup
Macaroni Salad
Scalloped Tomatoes
Oyster Crackers

Saturday Oct 8

Corn Chowder
Seasoned Pork Chops
Dilled Carrots
Rice Pilaf
Pumpkin Bar

Sunday Oct 9

Veal Parmesan
Green Beans
Rye Bread
Linguini w/Garlic & Oil
Tropical Fruit

Saturday Oct 22

Cranberry Juice
Autumn Beef Stew
Garden Salad
Homemade Biscuits
Apple Corn Muffin

Sunday Oct 23

Salisbury Steak
Mashed Potatoes
Broccoli
Whole Wheat Bread
Peaches

Monday Oct 10

Columbus Day

Cheeseburger with the
Fixings
Macaroni Salad
Baked Beans
Mixed Vegetables
Peach Cobbler

Saturday Oct 29

Sweet & Spicy Chicken
Rice Pilaf
Mixed Vegetables
12 Grain Bread
Pears & Oatmeal Cookies

Sunday Oct 30

Scrambled Egg Casserole
English Muffin
Bacon/Sausage
Mixed Fruit
Cranberry Juice

*All meals are served with 8 ounces of milk and 1 tsp. margarine