



## General Public Guidance

### If you test positive for COVID-19 Isolate

|                                           |                                                                                               |
|-------------------------------------------|-----------------------------------------------------------------------------------------------|
| Everyone regardless of vaccination status | Stay at home for 5 days                                                                       |
|                                           | If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house |
|                                           | Continue to wear a mask around others for 5 additional days                                   |

If you have a fever, continue to stay home until your fever resolves

### If you were exposed to someone with Covid-19 Quarantine

A. If you:

|                                                                                   |                                       |
|-----------------------------------------------------------------------------------|---------------------------------------|
| Everyone regardless of vaccination status or if you have had a previous infection | Wear a mask around others for 10 days |
|                                                                                   | Test on day 5 if possible             |

If you develop symptoms get a test and stay home

\* Those who are recovered from a confirmed COVID-19 within 30 days or less and **do not** have symptoms **do not** need to test

\*Those who are recovered from a confirmed COVID-19 within 30 days or less and **do have** symptoms **do** need to test using a rapid test if negative, multiple tests may be necessary

\* Those who are recovered from a confirmed COVID-19 within 31-90 days and **do not** have symptoms **do** need to test using a rapid test, if negative multiple tests may be necessary

\* Those who are recovered from a confirmed COVID-19 within 31-90 days and **do have** symptoms **do** need to test using a rapid test, if negative multiple tests may be necessary

\*After a positive test result, you may continue to test positive for a few weeks with a rapid test and up to 90 days with a PCR test. Which can make it hard to know if a positive test indicates a new infection; consider consulting a healthcare provider if you have any questions or concerns about your individual circumstances.

\*Those too young to wear a mask or unable due to a medical exemption other prevention actions (such as improving ventilation) should be used to avoid transmission during the 10 days from initial exposure